

# January, 2016

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

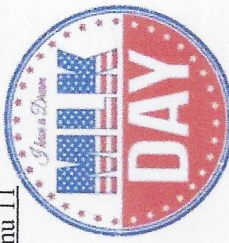
Mon	Tue	Wed	Thu	Fri
Center is open Monday-Friday 9:00-1:00 p.m.	<b>Birthdays In Blue</b> 	<b>Welcome Back !!!</b> 	<b>2016 HAPPY NEW YEAR</b> Mary Cox Raymond Spitzer	
<b>4 Nutritional Information Board Games</b>	<b>5 Rummikub</b>  	<b>6 Blood Pressure Check Chair Exercise</b>	<b>7 Golf &amp; Canasta</b> 	<b>8 Rook</b> 
<b>11 Bridge and Bingo</b> 	<b>12 Rook</b> 	<b>13 Kim Morin Penny Auction Bring your Pennies</b>	<b>14 Nutritional Information</b> 	<b>15 WII Bowling</b> 
<b>18 Center Closed</b> 	<b>19 Nutritional Information</b> Sissy Thomas	<b>20 Lunch At The White House In Warrior</b>	<b>21 Golf</b>	<b>22 Board Games</b>
<b>25 Bridge and Bingo</b> 	<b>26 WII Bowling</b> 	<b>27 Chair Exercise</b> 	<b>28 Canasta</b> Ed Mercer	<b>29 Nutritional Information</b>







# HAPPY NEW YEAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Menu 1</b> Grape Juice Chicken Tetrazzini Green Peas Cold Country Tomatoes Wheat Breadstick Margarine Peanut Butter Crème Pie Milk</p>	<p><b>Menu 2</b> Orange Juice Ham and Cheese Sandwich Vegetable Soup Lettuce/Tomato Whole Wheat Bread - 2 slices Mustard Mayonnaise Fudge Brownie Milk</p>	<p><b>Menu 3</b> BBQ Chicken/Bun Butter Beans Coleslaw Fresh Fruit Sugar Cookies - 2 Milk</p>	<p><b>Menu 4</b> <b>Taco Salad:</b> Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Lime Gelatin Milk</p>	<p><b>Menu 5</b> Apple Juice Chopped Steak/Gravy Country Potatoes Turnip Greens Cornbread Margarine Marble Cake Milk/Buttermilk</p>
<p><b>Menu 6</b> Blended Juice Chicken and Dumplings Mixed Vegetables Pineapple Tidbits Wheat Roll Margarine White Cake Milk</p>	<p><b>Menu 7</b> <b>Chef Salad:</b> Diced Ham Chef Salad Mix Ranch Dressing-2 Black Bean/CornSalad Saline Crackers Tapioca Pudding Milk</p>	<p><b>Menu 8</b> Tomato Juice <b>Vegetable Plate:</b> Macaroni &amp; Cheese Black-eyed Peas Cabbage Cornbread Margarine Nutty Buddy Milk/Buttermilk</p>	<p><b>Menu 9</b> Teriyaki Meatballs-3 Fried Rice Green Beans/Red Peppers Fresh Fruit Texas Bread Margarine Butterscotch Pudding Milk</p>	<p><b>Menu 10</b> Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard Hot Apple Cobbler Milk/Chocolate Milk</p>
<p><b>Menu 11</b>  <b>CENTERS CLOSED</b></p>	<p><b>Menu 12</b> Orange Juice Sausage Patty - 2 Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Apple Cinnamon Oatmeal Bar Milk</p>	<p><b>Menu 13</b> BBQ Chicken Strips - 3 Country Corn Mustard Greens Fresh Fruit Cornbread Margarine Lemon Gelatin Milk/Buttermilk</p>	<p><b>Menu 14</b> Grape Juice Spaghetti Casserole Green Peas Tossed Salad/Italian Dressing Wheat Breadstick Margarine Chocolate Cake/Whipped Topping Milk</p>	<p><b>Menu 15</b> <b>Ranch Grilled Chicken Sandwich:</b> Grilled Chicken/Bun Lettuce/Tomato Ranch Dressing Mustard Potato Chips Three Bean Salad Tropical Fruit Milk</p>
<p><b>Menu 16</b> Apple Juice Meatloaf/Tomato Sauce Delmonico Potatoes Parslied Baby Carrots Whole Wheat Bread Margarine Chocolate Chip Cookies - 2 Milk</p>	<p><b>Menu 17</b> Hamburger/Bun Baked Beans Potato Salad Lettuce /Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p><b>Menu 18</b> Blended Juice Chili with Beans Buttered Rice Sliced Peaches Saltine Crackers Yellow Cake Milk</p>	<p><b>Menu 19</b> Grape Juice Smothered Chicken Breast Rutabagas Mixed Greens Cornbread Margarine Strawberry Fruited Gelatin Milk/Buttermilk</p>	<p><b>Menu 20</b> Smoked Sausage O'Brien Potatoes Green Beans Marinated Slaw Diced Onions Hot Dog Bun Mustard/Ketchup Oatmeal Crème Pie Milk</p>